

# Smarter Dental Plans

## Evidence-Based Integrated Care Plan (EBICP)

*Wouldn't it be nice if those who needed extra care could have it covered by their dental plan? With Delta Dental, they can.*

Delta Dental of Wisconsin's Evidence-Based Integrated Care Plan (EBICP) provides extra benefits for individuals with certain medical conditions that have oral health implications. Research has shown that increased frequency of cleanings and/or topical fluoride applications greatly impact oral health, and sometimes even play an important role in managing conditions such as:



**High-risk cardiac conditions** – Maintaining good oral health and eliminating oral disease decreases a cardiac-risk patient's chances of contracting Infective Endocarditis (IE), a disease where bacteria colonize in the tissues of the heart. \*



**Suppressed immune systems** – Oral complications can increase both treatment costs and morbidity rates in individuals with suppressed immune systems. Even common conditions like dry mouth and dental decay can be indicators of more serious problems. \*\*



**Kidney failure or dialysis** – Studies have shown that individuals with kidney disease have a higher prevalence of periodontal disease and tooth loss, and that the severity of these oral health issues is typically related to the level of kidney dysfunction. \*



**Cancer therapy** – Oral health tends to be a difficult challenge for some cancer patients. Oral pain, gum infections, rapid tooth decay and dry mouth are among the side effects associated with radiation and chemotherapy. \*\*



**Periodontal disease** – Studies have shown that a greater frequency of maintenance can reduce the need for repeating periodontal surgery. \*\*



**Diabetes** – Evidence has shown a greater prevalence, incidence, severity, extent and/or progression of periodontal disease in diabetics. \*



**Pregnancy** – Pregnant women are more susceptible to periodontal disease. It is beneficial for pregnant women to maintain a commitment to good oral health. \*

\*additional cleanings    \*\*additional cleanings and topical fluoride treatments